

Depression/Suicide/ Death and Grief/ Eating Disorders Test

NAME: _____ Date: _____

DEPRESSION

Fill - In

1. Feeling sad and tired is _____ depression.
2. _____ cause chemical imbalances in the brain that can lead to depression.
3. When depression is mixed with periods of happiness it is called _____
4. Name two of the four causes of depression. _____/ _____
5. Two types of depression are _____ and _____

T / F: If it is false make it true.

1. Depression can lead to suicide. _____
2. Depression can lead to overeating. _____
3. Dysthymia is long lasting. _____
4. Depression kills the brain. _____
5. One in ten teens become depressed. _____
6. Depression is untreatable. _____
7. One in ten teens become depressed. _____
8. Sadness is a symptom of major depression. _____

Short Answer:

1. Give three reasons why people get depressed?

2. Given the information learned in class, how can you help someone?

SUICIDE

Fill In

1. Most suicides occur during their _____years.
2. _____ and _____ can start a feeling of suicide.
3. List two causes (reasons) why teens may commit suicide.
_____/_____.
4. Males have a _____ times greater rate of success than females.
5. _____ can lead to _____when some people feel there is no way out.

T/F: If False make it true

1. Suicide is always planned. _____
2. Suicide happens only in teens years. _____
3. Bullying can cause suicide. _____
4. You can always tell when a person is about to commit suicide. _____

5. One sign of a person contemplating suicide is giving away personal possessions. _____

Short Answer

1. Give two signs you can tell if someone is considering suicide?

EATING DISORDERS

Fill-IN

1. _____ % of all eating disorders are in women.
2. _____% below body weight is considered _____
3. Name 3 side effects from Anorexia. _____ /
_____ / _____
4. _____ controls appetite and Mood.

T/F: If false make it true

1. Girls between the ages of 15 - 24 are most vulnerable to develop an eating disorder. _____
2. Anorexia effects males as well as females. _____
3. It is easy to change the mental image of a person with an eating disorder.

4. Eating Disorders are treatable. _____
5. Eight million people suffer from anorexia yearly. _____

Short Answer:

1. Name, define and list 2 symptoms of each disorder